

**GIA Laser Aesthetic Center**  
**Jeffrey W. Kronson MD, FACS**  
101 N. Indian Hill Blvd., Suite C1-200  
Claremont, CA 91711  
(909)626-2900  
www.gialaser.com

## **Pre-Treatment Instructions**

### **Syneron Elos SRA/SR/ST/Matrix IR**

Thank you for choosing GIA Laser Aesthetic Center. In our ongoing efforts to provide you with the best possible service, we ask that you carefully review these Syneron elos pre-treatment instructions and ask any questions necessary to help you fully understand them. If you have any questions about these instructions, please discuss them with us prior to treatment. To obtain maximum benefit from your Intense Pulsed Light treatments, it is crucial that you understand and adhere to these instructions. Failure to comply with these instructions may affect your treatment outcome and increase the likelihood or severity of complications. We are confident that if you follow these instructions, you will be exceptionally pleased with the results of your treatments.

1. Please follow all guidelines set forth in the IPL consent form. Discuss your medical history, medications, allergies, skin typing and any tendency for scarring or poor healing with your IPL operator. Pay particular attention to the limitations and cautions sections.
2. Avoid sun tanning or tanning creams for at least 4 weeks prior to treatments. This will also be required after treatments.
3. Avoid Accutane (or products containing isotretinoin) for 6 months and Retin-A (or products containing tretinoin) for 2 weeks prior to treatment. Do not use glycolic acid or other alphas hydroxy acid products for 1 week prior to treatment. These medications and products increase your photosensitivity, which can significantly increase the likelihood of complications.
4. Avoid the use of aspirin, ibuprofen and other anti-inflammatory or blood thinning medications at least 3 days prior to treatment, as these will increase the likelihood of bruising.
5. Do not have any open sores or skin infections in the treatment area.
6. For treatment of pigmented skin lesions, you should consult a specialist if there is a family or personal history of skin cancer or if you have these concerns.

**Pre-Treatment Instructions**  
**Syneron Elos SRA/SR/ST/Matrix IR**

**On the day of your appointment:**

1. Shave the area to be treated. Men should shave the beard area twice in succession in order to ensure as close as shave as possible.
2. Gently wash the area to be treated removing makeup, lotion, etc. Do not apply any products to the area except a topical anesthetic if being used.
3. If you elected to use a topical anesthetic, do so only after reviewing all cautions associated with its use. Apply and use as directed prior to arrival.
4. If applicable, dress so that you may modestly expose the treatment area.
5. Please arrive 15 minutes early for your first appointment and 10 minutes early for subsequent appointments. This will allow time for necessary paperwork and keep you on schedule. Please be on time for your appointment.
6. If you need to cancel or reschedule we ask that you contact us at least 48 hours in advance. (There is a \$50.00 fee for missed appointments)
7. Please discuss and understand any payment arrangements before treatments.

Please call us if you have any questions or concerns. We want you to be pleased with your treatment at GIA Laser Aesthetic Center.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_